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Hoodwinked: Ten Myths Moms Believe And Why We All Need To Knock It Off



Synopsis

Moms have been hoodwinkedâ€”tricked into believing lies that keep them from not only enjoying motherhood, but forging friendships with other moms who might tackle the tasks of motherhood differently. Myths such as â€œMothering is natural, easy, and instinctiveâ€• cause moms to feel like failures if they have questions or apprehensions in raising their kids. Operating from the premise that â€œThe way I mother is the right (and only) wayâ€• puts up fences between moms instead of building bridges of encouragement between them. Lies such as â€œI am my childâ€™s choicesâ€• tempt moms to mistakenly believe that if their child makes a wrong choice then they, in turn, must be a bad mom. Â In their encouraging â€œweâ€™ve been thereâ€• style, Karen Ehman and Ruth Schwenk enable mothers to: Identify the ten myths of motherhood our current culture perpetuates Replace the lies with the truth of what God says in the Bible about mothering Acquire practical tools to help them form new and improved thought patterns and healthy behaviors Forge healthy, supportive relationships with other moms of all ages and stages Confidently embrace the calling of motherhood as they care for their families in their own unique way Â Â A six-session video Bible study for group or individual use is also available.

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Customer Reviews

This book is amazing! It leads you on your journey of motherhood with scriptural references to guide you as well, all the while giving you permission, of sorts, to be yourself and to make mistakes. It "allows" you to mother in your own way without making excuses to anyone. The biblically based references help to influence your mothering by allowing God to guide your footsteps, and directs

you to place your Faith, hope, and trust in our Heavenly Father. I absolutely love the "realness" and humor of the authors, and I've come to feel like I know them as friends.

I think a part of me actually believed that some of these myths I had already figured out. I thought this would be a good read but I didn't realize how much it would really speak to where I was as a mom. There was a great deal of underlining, starring, and circling for me in this book! None of us is "perfect" and many times we can be hoodwinked before we even realize it. The messages in this book are not just for moms starting out, although I do think I will be using it as a gift for newbies often, but also for the mom who, like me, thought she already knew most of the myths of motherhood. We all have that much needed reminder to knock it off when it comes to believing the myths of motherhood. This is that reminder I needed!

This is such an amazing book. I wish that I would have had it when my children were little. Every mom needs encouragement and needs to know that she is doing something right. I highly recommend this book.

I am telling you this book has changed my life, my views on motherhood and my relationship with my daughter. I am so guilty of trying to keep up with the Jones' and to be like this mom and that mom, and I was failing terribly. Then I read this book and realized I am mothering the way I am supposed to, the way God created me. I love this book to no end. I am not going to lie, I did shed some tears as God was talking to me through the pages. This book is inspiring and exactly what I needed as a mom!

Such a great book no matter where you are in your motherhood journey! The encouragement that it brings to you is amazing. You are not the only mom that wants to run away. We all want from time to time. But this book will bring you back and encourage you to continue your journey with a joy in your heart.

I can't say enough good things about this book! As a first time mother, I am so happy I came across this book. It has granted me some much needed guilt relief, encouragement, and also conviction! As someone who likes to think they have it all together, motherhood has been an eye opener and a struggle. I have felt angry, depressed and like an extreme failure multiple times. This is definitely a Christian book, so if you don't really love Jesus that much this book may not be your thing. That

being said, anyone (including non-Christians) could benefit from knowing that their methods aren't the only methods of mothering and that no matter how much research and comparisons you do, your situation is completely unique just like the child you gave birth to. I have so much more peace and resolution to stand firm in my faith and persevere through the difficult times of motherhood and knowing that I am not alone and shouldn't try to do it all on my own. I am much less fearful and more excited to continue in this journey even though I know there are going to be many hardships and challenges on the way. And I am learning to step off my high horse and stop being so quick to judge others who have a different style or take on parenting. I will likely read this book again and again throughout the years and will definitely recommend it to as many other moms out there as I can!

It's such an encouraging book, every mom out there should read it. While it gives you a new perspective on some parenting issues, it also encourages to build stronger bonds with other moms who might parent differently. Definitely a must read!

For so long we have been made to live up to some invisible standard, be a pinterest Mom, have the kids that participate in everything. This book addresses all this and lets you know you have been lied too. Being a Mom is so much more than keeping up with the Jones'.

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